



Happy Campers

From sleeping under the stars to relaxing in an RV, more than 40 million people in America go camping each year. See when some camping innovations first blazed a trail.

Year	Camping Milestone
1876	The first sleeping bag is patented in Europe.
1910	Equipped with a bed and plumbing, the first RV debuts.
1931	The iconic silver Airstream travel trailer hits the road.
1942	Compact camp stoves are made for soldiers, and later for the public.
1957	Portable food coolers made of Styrofoam are invented.
1964	Pop-up campers are developed.
1990	Truck tents, made to be pitched in the bed of a pickup, are introduced.

"This Month In History" AUGUST

1907: UPS is founded as a messenger service by two teenagers in Seattle. It's now one of the world's largest package delivery companies.

1913: Stainless steel is invented by Harry Brearley of England.

1946: The first U.S. coin honoring an African American is authorized for minting. A commemorative half dollar was designed to pay tribute to educator Booker T. Washington.

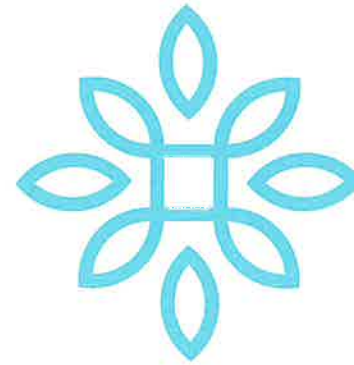
1959: President Dwight D. Eisenhower signs an official proclamation admitting Hawaii as the 50th U.S. state.

1969: Half a million people gather at a farm in upstate New York for the Woodstock music festival. The landmark three-day event featured more than 30 artists and bands.

1990: MLB history is made when Ken Griffey Sr. and Ken Griffey Jr. become the first father and son to play on the same team, the Seattle Mariners.

2005: Hurricane Katrina forms in the Atlantic and makes landfall along the Gulf Coast, devastating the region.

2020: The music video of the hit song "Dynamite," by Korean boy band BTS, sets a record on YouTube as the first video with over 100 million views in its first 24 hours.



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Life's a Peach

The peach, that sweet summer fruit, has long been a way to describe someone or something lovely—think "You're a peach!" or "Things are just peachy." The 1950s brought the fun phrase "peachy keen," and an idyllic existence is sometimes called "peaches and cream"—as in "Life is not always peaches and cream." Get a true taste of what these words are all about by enjoying some fresh peaches this month. You may find the experience just peachy!

Outdoor Therapy

Take a book or deck of cards outside and enjoy the summer breezes while you relax.

Hard To Resist

Resistance bands are a smart addition to your fitness routine. They are inexpensive, are great for all fitness levels, add variety to your workout and are easy to bring along when you travel.

Staff Directory

Jennifer Smith Executive Director
 Melissa Bryant Director of Nursing
 Jamie Fultz Admissions Director
 Rodger White Maintenance Director
 Connie Hager Business Office Manager
 Shawna Cook Culinary Manager
 April Stevens Recreation Director
 Ally Hunter Secure Unit Coordinator

Popular Pages: 'The Outsiders'

S.E. Hinton was a teen when she wrote her debut novel, "The Outsiders," published in 1967. The tale is narrated by 14-year-old Ponyboy Curtis. He, his two brothers and best friend, Johnny, belong to the Greasers, who are considered outcasts by the town's wealthy and polished Socials. When Ponyboy befriends classmate Cherry Valance, a Social, it results in a deadly confrontation between the rival gangs and triggers a series of events that will forever change the Greasers. Hinton's bestseller was made into a popular movie in 1983 and is frequently included on school reading lists today.

Psychic Submarine?

Though published in 1870, Jules Verne's "20,000 Leagues Under the Sea" accurately predicted some aspects of modern submarine technology with its depiction of the Nautilus, a futuristic vessel mistaken for a sea monster. Among them: a sleek, cylindrical shape; electric self-propulsion rather than steam power; and the ability to refresh the oxygen supply while still submerged.



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