



SWEETBRIAR

— ASSISTED LIVING —

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Remember When: Poodle Skirts

Nothing says '50s fashion like the poodle skirt, a style dreamed up by a young actress named Julie Lynn Charlot. Needing a new outfit for a holiday party, yet lacking sewing skills, she cut a circle out of felt and attached seasonal appliques. The skirt was a hit, and Charlot started her own fashion company, creating felt skirts with all sorts of adorable imagery. Since poodles were considered a glamorous pet, they became a popular motif, especially with teens. Soon all similar skirts were called poodle skirts, even when featuring designs such as vinyl records, a rotary telephone and the Eiffel Tower.

Memorable Melody: 'Puppy Love'

"Oh, I guess they'll never know how a young heart, how it really feels, and why I love her so." Teen idol Paul Anka wrote those lyrics, inspired by his real-life romance with actress Annette Funicello. The tender ballad was released in February 1960. The 17-year-old celebs were told their relationship was just puppy love and to keep their feelings for each other under wraps to protect their careers. Twelve years later, another teen idol, Donny Osmond, released his version of the song, which became a gold record hit.

February 2022



Amazing Orchids

The orchid family is a unique group, displaying different shapes, sizes, colors and fragrances. With over 25,000 different species, there are more kinds of orchids on the planet than birds or mammals! It may take many years for an orchid to bloom, but some blossoms will last for months, making the friendly-looking flowers popular houseplants.

Cards From the Heart

The earliest surviving Valentine's Day message, a poem, dates from 1415. Victorian-era greetings featured lace and embossed paper, and at that time, it was considered bad luck to sign a Valentine's Day card. Today, more than 1 billion valentines are exchanged each year.

Month of Games

All eyes are on athletes this month, with many major sporting competitions taking place. The Winter Olympics run from Feb. 4 to Feb. 20; Super Bowl LVI will be Feb. 13; and Feb. 20 will see both the NBA All-Star Game and the Daytona 500 NASCAR race.

Sunday
Monday
Tuesday
Wednesday
Thursday
Friday
Saturday

		1	2	3	4	5
		9:00 ■ Current Events / Fitness Class 9:30 ■ Morning Walk 10:00 ■ Bible Study 1:00 ■ Pretty Nails	9:00 ■ Current Events / Fitness Class 9:30 ■ Morning Walk 10:00 ■ Arts & Crafts 2:00 ■ Bingo	9:00 ■ Current Events / Fitness Class 9:30 ■ Morning Walk 10:30 ■ Lunch with April & Krista 2:00 ■ February Birthday Celebration	9:00 ■ Current Events / Fitness Class 9:30 ■ Morning Walk 1:00 ■ Music with Anthony 2:00 ■ Bingo	9:00 ■ Current Events / Fitness Class 9:30 ■ Morning Walk 10:00 ■ Balloon Volleyball 2:00 ■ Tea Party
6	7	8	9	10	11	12
9:00 ■ Current Events / Fitness Class 9:30 ■ Morning Walk 10:00 ■ Bible Verse Trivia 2:00 ■ Music with Chuck Young	9:00 ■ Current Events / Fitness Class 9:30 ■ Morning Walk 10:00 ■ Word Teasers 2:00 ■ Bingo 5:30 ■ Hawaiian Shooter Cocktail	9:00 ■ Current Events / Fitness Class 9:30 ■ Morning Walk 10:00 ■ Bible Study 1:00 ■ Pretty Nails	9:00 ■ Current Events / Fitness Class 9:30 ■ Morning Walk 10:00 ■ Arts & Crafts 2:00 ■ Bingo	9:00 ■ Current Events / Fitness Class 9:30 ■ Morning Walk 10:30 ■ Lunch with April & Krista 2:00 ■ Music with John Eric Booth	9:00 ■ Current Events / Fitness Class 9:30 ■ Morning Walk 1:00 ■ Music with Anthony 2:00 ■ Bingo	9:00 ■ Current Events / Fitness Class 9:30 ■ Morning Walk 10:00 ■ What's in the Bag? 2:00 ■ Pottery Painting
13	14	15	16	17	18	19
9:00 ■ Current Events / Fitness Class 9:30 ■ Morning Walk 1:00 ■ Church / Fellowship Service	9:00 ■ Current Events / Fitness Class 9:30 ■ Morning Walk 1:00 ■ Pizza Party with Elvis 5:30 ■ Moscato Punch	9:00 ■ Current Events / Fitness Class 9:30 ■ Morning Walk 10:00 ■ Bible Study 1:00 ■ Resident Council	9:00 ■ Current Events / Fitness Class 9:30 ■ Morning Walk 10:00 ■ Arts & Crafts 2:00 ■ Bingo	9:00 ■ Current Events / Fitness Class 9:30 ■ Morning Walk 10:30 ■ Lunch with April & Krista 2:00 ■ Painting with Lisa Alto	9:00 ■ Current Events / Fitness Class 9:30 ■ Morning Walk 1:00 ■ Music with Anthony 2:00 ■ Bingo	9:00 ■ Current Events / Fitness Class 9:30 ■ Morning Walk 10:00 ■ Bowling 2:00 ■ Ice Cream Social with DJ Herb Bell
20	21	22	23	24	25	26
9:00 ■ Current Events / Fitness Class 9:30 ■ Morning Walk 1:00 ■ Church / Fellowship Service with Jimmy McKnight 2:00 ■ Music with Chuck Young	Presidents Day 9:00 ■ Current Events / Fitness Class 9:30 ■ Morning Walk 10:00 ■ Jenga 2:00 ■ Bingo 5:30 ■ Music with Keith Ellison 5:30 ■ Peppermint White Russian	9:00 ■ Current Events / Fitness Class 9:30 ■ Morning Walk 10:00 ■ Bible Study 1:00 ■ Pretty Nails	9:00 ■ Current Events / Fitness Class 9:30 ■ Morning Walk 10:00 ■ Arts & Crafts 2:00 ■ Bingo	9:00 ■ Current Events / Fitness Class 9:30 ■ Morning Walk 10:30 ■ Lunch with April & Krista 2:00 ■ Music with John Eric Booth	9:00 ■ Current Events / Fitness Class 9:30 ■ Morning Walk 1:00 ■ Music with Anthony 2:00 ■ Bingo	9:00 ■ Current Events / Fitness Class 9:30 ■ Morning Walk 10:00 ■ Ball Toss 2:00 ■ Arts & Crafts
27	28					
10:00 ■ Church / Fellowship Service Lanny Colberly	9:00 ■ Current Events / Fitness Class 9:30 ■ Morning Walk 10:00 ■ Trivia 2:00 ■ Bingo 5:30 ■ Tiramisu Martini					



Tunes by Twosomes

When two voices combine to sing a love song, the sentiment is doubly sweet. Spin through this record collection of popular duets.

Year	Song	Duo
1956	"Let the Good Times Roll"	Shirley & Lee
1965	"I Got You Babe"	Sonny & Cher
1966	"Ain't No Mountain High Enough"	Marvin Gaye & Tammi Terrell
1976	"Golden Ring"	George Jones & Tammy Wynette
1981	"Endless Love"	Lionel Richie & Diana Ross
1987	"(I've Had) The Time of My Life"	Bill Medley & Jennifer Warnes
1997	"It's Your Love"	Tim McGraw & Faith Hill
2004	"My Boo"	Usher & Alicia Keys
2018	"Shallow"	Bradley Cooper & Lady Gaga

"This Month In History" FEBRUARY

1942: Year-round daylight saving time, called "war time," is signed into U.S. law by President Franklin D. Roosevelt. To save energy, all time zones moved ahead one hour until the end of World War II.

1950: Disney's animated fairy tale feature "Cinderella" delights audiences when it opens in movie theaters.

1960: In a civil rights movement milestone, four Black college students begin a sit-in protest at a lunch counter in Greensboro, N.C., where they had been denied service.

1972: With over 15 million manufactured, the Volkswagen Beetle becomes the world's bestselling car.

1989: A network of 24 GPS satellites is launched into orbit over Earth, revolutionizing navigation and everyday technology.

1998: British singer-songwriter Elton John is knighted by Queen Elizabeth II for his contributions to music and his charity work.

2006: A blizzard buries the Northeast. New York City received a record-setting 26.9 inches of snow.

2020: At the Oscars, the South Korean thriller "Parasite" is named best picture. It was the first foreign-language film to win the top honor.